

# 2010 NPC ROYAL PALM CLASSIC BODYBUILDING, FIGURE AND BIKINI CHAMPIONSHIP

This contest is sanctioned by the NPC, it is open to all to all NPC members Nationwide. ALL contestants must be registered by the NPC. The NPC sanctioning fee is \$90.00. Crossovers will be permitted in all divisions.

**WHERE:** IDA S BAKER HIGH SCHOOL AUDITORIUM, 3500 AQUALINDA BLVD. CAPE CORAL, FL 33914 ( 239-541-4876)

**HOST HOTEL:** HAMPTON INN SUITES, 619 SE 4th TERRACE, CAPE CORAL FL, 33904 (239-540-1050)

**ENTRY FEE:** \$60.00 PER CLASS- IF RECEIVED BY AUGUST 21, 2010, AFTER AUGUST 21, ADDS A LATE FEE OF \$25.00.

WE WILL ACCEPT ENTRIES ON FRIDAY EVENING SEPT 3rd, WITH A LATE FEE

**NO CHECKS AT WEIGH-IN CASH ONLY.**

**WEIGH-IN:** FRIDAY SEPT 3rd, 2010 at the Host Hotel 5:00 p.m. Till 9:00 p.m. Bodybuilders must wear posing suits to weigh in, every show participant must check in at the above weigh-ins or height check for figure and bikini.

**NOTE: BIKINI COMPETITORS MUST WEAR THEIR SUITS AT CHECK-IN FOR APPROVAL & BE IN GOOD TASTE IN ACCORDANCE WITH THE NPC GUIDELINES.**

**ATHLETE MEETING:** THERE WILL BE A MANDATORY MEETING AT 8:00 a.m. Saturday morning at Ida S, Baker High School Auditorium,

**POSING MUSIC:** No profanity on music, you will be automatically disqualified, music must be cued on CD for 60 seconds routine.

Music will be collected before prejudging. ALL COMPETITORS WILL POSE IN THE FINALS.

**PREJUDGING TIME:** 9:00 a.m. .... DOORS OPEN AT 5:00 p.m. .... FINALS 6: 00 p.m.

**CUT HERE**

**FILL OUT COMPLETELY AND NEATLY:**

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **HT:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **E-MAIL:** \_\_\_\_\_

**GYM:** \_\_\_\_\_ **NPC CARD #** \_\_\_\_\_

**LIST ALL NPC COMPETITIONS**

**OVERALL/ YEAR** \_\_\_\_\_

Please check the class that you are entering. **(TOP 5 PLACES IN THE OPEN)**

**MEN'S OPEN**

- \_\_\_\_\_ Light Wt (up to 154 ¼)
- \_\_\_\_\_ Middle Wt ( 154 ¼ - 176 ¼ )
- \_\_\_\_\_ Light Heavy ( 176 ¼ - 198 ¼ )
- \_\_\_\_\_ Heavy Wt ( 198 ¼ and Over )

**WOMEN'S OPEN BB**

- \_\_\_\_\_ Light Wt ( up to 125 )
- \_\_\_\_\_ Heavy Wt ( Over 125 )

**FIGURE OPEN**

- \_\_\_\_\_ Figure Short ( under 5' 4" )
- \_\_\_\_\_ Figure Tall ( above 5' 4" )

**BIKINI**

- \_\_\_\_\_ Short ( under 5' 4" )
- \_\_\_\_\_ Tall ( over 5' 4" )

- \_\_\_\_\_ Figure Novice
- \_\_\_\_\_ Figure Over 35
- \_\_\_\_\_ Figure Over 40

**TEENAGE**

One Class

**( TOP 3 PLACES IN MASTERS )**

- \_\_\_\_\_ Men over 40
- \_\_\_\_\_ Men over 50
- \_\_\_\_\_ Men over 60

In consideration of accepting this entry, I hereby intend to be legally bound, for myself, my heirs, executors, or administrators waive any and all claims of damage against the NPC, Ida S, Baker High School, Calvin Choy, Hampton Inns Suites Hotel, representatives and assignees for any and all injuries suffered by me at the said contest and in traveling to and from the said contest. The undersigned consents and agrees to comply with all rules and regulations prohibiting cooking or food preparation in the hotel room . The undersigned further agrees to indemnify and hold harmless the NPC and Calvin Choy from and against any damages caused by the undersigned to Hampton Inns Suites Hotel. Finally, the undersigned acknowledges that failure to comply with any rule or regulation of Hampton Inn Suite Hotel or damages to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/ or competing in contest sanctioned by the NPC.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Print**

\_\_\_\_\_  
**Date**

**If the contestant is under the age of 18 a parent or legal guardian must sign this form.**

The undersigned is the parent or legal guardian of the above mentioned minor and is entitled to the sole care, custody, and control of the said minor. The undersigned does hereby represent, agree, and guarantee that the undersigned consents to the execution by the minor of the release.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Print**

\_\_\_\_\_  
**Date**

**Please make checks / money order to Calvin Choy and mail to 3603 SE 9th Place # 1, Cape Coral, Fl 33904**